

# Lap Lane Etiquette



1. Swim on the left side of the black line.
2. Please refrain from stopping mid lap. Stop at the end of the lap.
3. When resting, move to the side to allow other swimmers to pass and continue.
4. Please swim in the appropriate lane.
5. Take care when passing other swimmer, Pass on the right when safe and return promptly to the left.
6. Lane mark recreational lane is a multi purpose lane. It can be used for play or exercise.
7. Correct swimmers must be wore at all times.
8. Follow instructions as directed from the centre staff.
9. Enjoy your swim.